Brand name: Vomec Plus®

Generic with strength & dosage form: Meclizine 25 mg & Pyridoxine 50 mg tablet

Vomec Plus® is a combination tablet of Meclizine & Pyridoxine. Meclizine is a piperazine derivative antihistamine which use as an antiemetic. Beside that it has anticholinergic and antihistaminic properties also. Pyridoxine use to treat nausea and vomiting due to its antiemetic properties. As a combination Vomec Plus® is the most effective and safe antiemetic during pregnancy.

USP:

- One treatment – offers multiple benefits
- Ensures complete relief from vomiting
- Offers effective control on motion sickness and vertigo
- Ensures patients’ compliance

Prescribing info:

Description: Meclizine Hydrochloride is 1-(p-chloro-a-phenylbenzyl)-4-(m-methyl-benzyl) piperazine dihydrochloride monohydrate. Meclizine is an H1 histamine receptor blocker of the piperazine side chain group. It exhibits its action by an effect on the CNS, possibly by its ability to block muscarinic receptors in the brain. It has a marked effect in blocking the vasodepressor response to histamine, but only a slight blocking action against acetylcholine. Pyridoxine (vitamin B6) is a vitamin B component having some antiemetic property.

Indications: Nausea, vomiting, motion sickness, vertigo, dizziness.

Dosage and Administration: Nausea & vomiting (including morning sickness in pregnancy): One tablet 1-2 times daily or as required. Motion Sickness: The initial dose is one or two tablets daily; it should be taken one hour to journey for protection against motion sickness. Therefore
the dose may be repeated every 24 hours as indicated for the duration of the journey. 

Vertigo: One tablet two times daily or as required. Labyrinth & vestibular disturbances: The optimal dosage of meclizine is usually 25-100 mg daily in divided doses, depending on the clinical response. Pyridoxine has been shown to be safe and effective in dosages of 50-200 mg per day.

**Precautions:** As meclizine may impair mental alertness or physical coordination, patients should be warned. Due to its potential anticholinergic action, this drug should be used with caution in patients with asthma, glaucoma, or enlargement of the prostate gland.

**Contraindications:** Patients hypersensitive to Meclizine and/or Pyridoxine or any of its excipients.

**Adverse Effects:** Drowsiness, dry mouth, and on rare occasions, blurred vision have been reported.

**Use in Pregnancy and Lactation:** Meclizine shows no risk of birth defects or abnormalities when administered during pregnancy. Although Meclizine may excrete into the milk, it causes no harm in nursing babies. Pyridoxine itself is considered safe in pregnancy and has been used in pregnant women without any evidence of fetal harm.

**Drug Interaction:** Meclizine may increase the toxicity with CNS depressants, neuroleptics and anticholinergic. Alcohol, sedatives and tranquilizers can increase the drowsiness of the patient.

**Pharmaceutical Precaution:** Store at a cool & dry place, away from light. Keep out of reach of children.

**Commercial Pack:** Vomec® Plus tablet: Box containing 50 tablets in 5 x 10’s Alu-Alu form packs. Each tablet contains Meclizine Hydrochloride USP 25 mg & Pyridoxine Hydrochloride USP 50 mg.